

# Period Pants

Light days



Holds 1/2 a tampon's worth of blood

Medium days



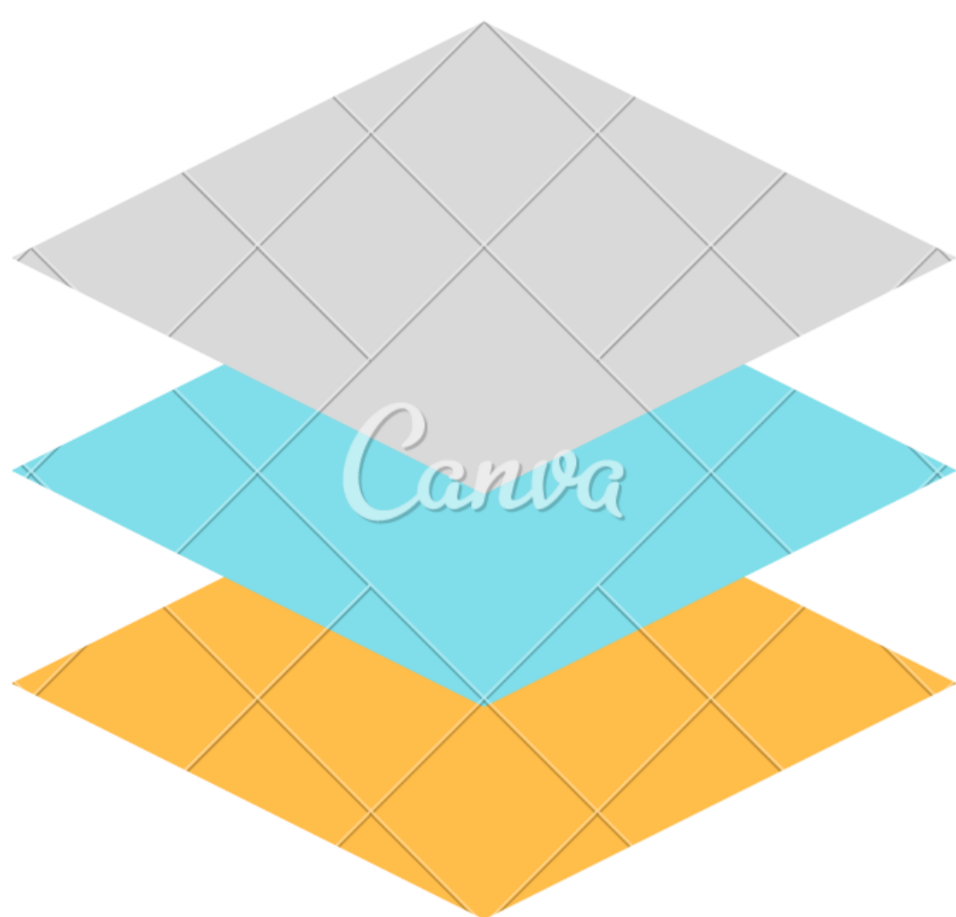
Holds up to 1 tampon's worth of blood

Heavy days



Holds up to 2 tampon's worth of blood

## How are they different from normal pants?



The gusset is made of different layers of thin synthetic fabrics that are:

1. Moisture-wicking so remain feeling dry
2. Absorbent
3. Leak resistant
4. Breathable

## What are they made from?

This depends on the brand but it includes:

- cotton & organic cotton
- nylon, polyester, lycra

## What do they cost?

£10-25 each